

# **MOVband Frequent Q&A**

## Group Invite Code: CHUH Subgroup Name: CHUHHTN

#### HOW DO I KNOW WHEN MY MOVBAND IS FULLY CHARGED?

To see if your Movband is fully charged, connect your Movband to the computer with the Movband SYNC software running. If on a Windows machine, you will then right click on the Movable icon (an arrow) in the system tray in the lower right corner of the screen. The battery percentage will display in the menu that appears. You may need to expand the system tray to locate the icon as Windows often hides many of these icons.



### HOW CAN I CHANGE OR SET THE TIME ON MY MOVBAND?

Change or set the time on your Movband by syncing with your computer. Before syncing, make sure your computer time is accurate, your time zone is accurate on your computer, and your Movband SYNC software is running.

#### HOW CAN I RESET MY MOVES AND MILES?

Your Movband will automatically reset its moves every day at midnight, but the distance will continue tracking until you manually clear the mileage data.

You can reset by pressing the bottom button to change your Movband's display to moves or miles, then press and hold the top button to reset the screen to zero. Your activity data will reset on the display only. The data will remain on the device's memory so your online account will display all of your activity the next time you sync.